



jhoon rhee tae kwon do

The TBL Creed

Based on Grand Master Rhee's philosophy, below is "Jhoon Rhee's TBL Creed." Grand Master Rhee would like everyone to know and be able to recite this creed instead of the previously used "Four Daily Affirmations."

The universal purpose of life is to be happy.

When I am truthful, my heart is beautiful.

When my heart is beautiful, everybody loves me.

When everybody loves me, I am happy.