



jhoon rhee tae kwon do

Adaptive Tae Kwon Do

*For children (starting age 4) and teens.
Eight classes out of ten weeks.*

\$285 for first-time students (includes uniform).
\$230 for renewing students (does not include uniform).**

For Children with Special Needs

Here at Jhoon Rhee Arlington, we have developed an Adaptive Tae Kwon Do Program designed specifically for children with special needs. This program “adapts” the standard Tae Kwon Do techniques and teaching strategies to best suit the specific needs of each student. The class is structured for children who have Autism Spectrum Disorders or other Developmental or Intellectual Disabilities.

Students will receive individualized instruction while learning to excel in a group setting. These weekly half-hour classes will give students an excellent opportunity to improve their motor skills, coordination, focus, and self-control through martial arts drills and games. For a more extensive look at the program, visit the Adaptive Tae Kwon Do website at www.adaptivetkd.com.

Instructor

Master Avi Rome is a 4th Degree Black Belt with more than 10 years of teaching experience. He has a Bachelor of Science degree in Integrative Studies with a concentration in Creative Arts and Therapy. This degree combines the fields of Psychology, Recreational Therapy, and Body Mechanics. He also conducts workshops for the special needs community throughout the Northern Virginia area.

Student Requirements

- Children must be a minimum of 4 years of age.
- Receptive communication skills.
- Ability to follow 1- and 2-step commands with prompting.
- Student must have a parent/guardian in the school during class.
- Toilet trained.

** This program is separate from our regular member programs. Cost is based on an 8-class session. There are no refunds or extensions of time for attending fewer than 8 classes. \$20 additional cost for registering past the early registration deadline.*



jhoon rhee tae kwon do

Adaptive Tae Kwon Do

Schedule— Spring Session Begins February 23, 2019

Session length:

8 classes out of 10 weeks; this includes 2 opportunities to “make-up” missed classes.

Session dates:

February 23

March 2

March 9

March 16* (Modified schedule)

March 23

March 30

April 6

April 13* (Modified schedule)

April 20 NO CLASSES (Spring Break)

April 27

May 4

Registration Deadlines: February 2, 2019 (\$20 late fee applies between Feb. 3 - Feb. 9.)

Class times:

Beginner Students 3:00 pm – 3:30 pm

Pre-Teen/Teen Students 3:45 pm – 4:15 pm

Intermediate 1 Students 2:15 pm – 2:45 pm

Intermediate 2 Students 10:45 am – 11:15 am

Advanced Students 10:00 am – 10:30 am

**Modified class times (On 3/16 and 4/13):*

Beginner Students 10:15 am – 10:45 am

Pre-Teen/Teen Students 10:50 am – 11:20 am

Intermediate 1 Students 9:40 am – 10:10 am

Intermediate 2 Students 9:05 am – 9:35 am

Advanced Students 8:30 am – 9:00 am

Class size:

Limit of 12 students per class.